





Male

Female

#### Pride

The feeling when you possess (or have accomplished) something that exceeds your own expectations, or that others find praiseworthy.



#### Shame

The feeling when someone knows something bad about you. You believe this to be true, so you also feel bad about yourself.



#### Satisfaction

Hope

The feeling when something meets or exceeds your expectations.

The feeling when you believe (but are not certain) that something good or desirable may happen in the



Anger

person.

Fear

The feeling when something can harm you or someone you care about, and you are not sure whether you can do anything about it.

The feeling when someone does something bad that harms or offends you, and you blame that other



#### Admiration

The feeling when you look up to someone who has excellent abilities or impressive accomplishments.



#### Contempt

The feeling when someone is inferior or unworthy in your eyes; they have done



The feeling when you anticipate that something will be beneficial once acquired or consumed.



The feeling when you find something repulsive and want to avoid having contact with it in any way.



# Joy

The feeling when something good happens to you. You fulfil a need, achieve something, or make progress towards achieving a goal.



#### Sadness

The feeling when you have lost something that was important to you, and believe it cannot be undone.



#### **Fascination**

The feeling when you encounter something new and interesting that you do not immediately understand.



The feeling when there is nothing interesting or engaging to door expereince.



# **PrEme**

#### Premo

www.premotool.com www.diopd.org/premo

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### Reference

In communication, please refer to the Premo characters as follows: Laurans, G. & Desmet, P.M.A. (2017). Developing 14 animated characters for non-verbal self-report of categorical emotions. Journal of Design Research, 15 (3/4), 214-233.

### More Information

https://diopd.org/premo/

